**LASA’s Wild Wellbeing Project**

**Expression of interest form for participating Landcare Groups**

**Background:** [10 x 10 Philanthropy](about:blank) is an international organisation that encourages the next generation of giving through live crowdfunding. 10×10 events are run by a team of volunteers and are designed to support innovative grassroots charities. LASA pitched the Wild Wellbeing project at a 10 x 10 event in Adelaide in late 2019 and were fortunate to be funded as a result. Funding is available for interested SA Landcare groups to run a Wild Wellbeing planting event in their region.

**Aims:**

* Connect communities to their environment (urban, peri-urban, coastal)
* Combine conservation work with honest conversations, self-exploration and mental health self-care techniques
* Get more young people involved in Landcare
* Find new and innovative partners for Landcare

**Cost unit:** $1,000 / Landcare Group for 8 Landcare groups across SA

|  |  |  |  |
| --- | --- | --- | --- |
| **Item** | **Unit price** | **Quantity** | **Total** |
| Plants | $2.00 | 200 | $400.00 |
| Guards & Stakes | $2.00 | 200 | $400.00 |
| Catering needs |  |  | $200.00 |
| **TOTAL** |  |  | **$1,000.00** |

**Guidelines:**

* Participating Landcare Group must partner with a community health provider/support agency. Groups must be financial members of LASA ($50 per year -
* Use only local native plants
* Volunteers must be given opportunity to get their hands dirty
* Area of project to be determined by the Landcare Group with negotiation with relevant Government agencies.
* Must include a public event, combining volunteering action with a social aspect. Here volunteers can come together and hear messages from mental health support workers.

**Outcomes:**

* 200 local native plants planted in a public area
* Combined volunteer action and social event
* Connections between Landcare and Wellbeing groups
* Raise awareness of local environmental issues, mental health and wellbeing; actions to address these and where to seek help and information.

**Expression of Interest – LASA’s Wild Well Being project**

(Please limit your response to 1-page)

1. Landcare Group name:
2. Contact person:
3. Contact number:
4. Contact e-mail:
5. Outline when and where your group proposes to hold your Wild Wellbeing planting event. (timeframe is between 1st May and 31st July 2021)
6. Outline the need for such an event in your region
7. What community health provider/support agency will you partner with to deliver the event?
8. Are there other local agencies/businesses/schools/community groups you will be partnering with to deliver the event

**Important dates**

* Please submit your EOI to [execofficer@landcaresa.asn.au](mailto:execofficer@landcaresa.asn.au) by COB April 23rd 2021.
* The 8 successful Landcare groups will be notified by May 3rd 2021.
* Successful groups will need to complete their event between 3rd of May and 31st July 2021
* Successful groups will be asked to send their receipts from materials purchased and a short report with photographs for inclusion in the LASA newsletter by August 31st 2021.